
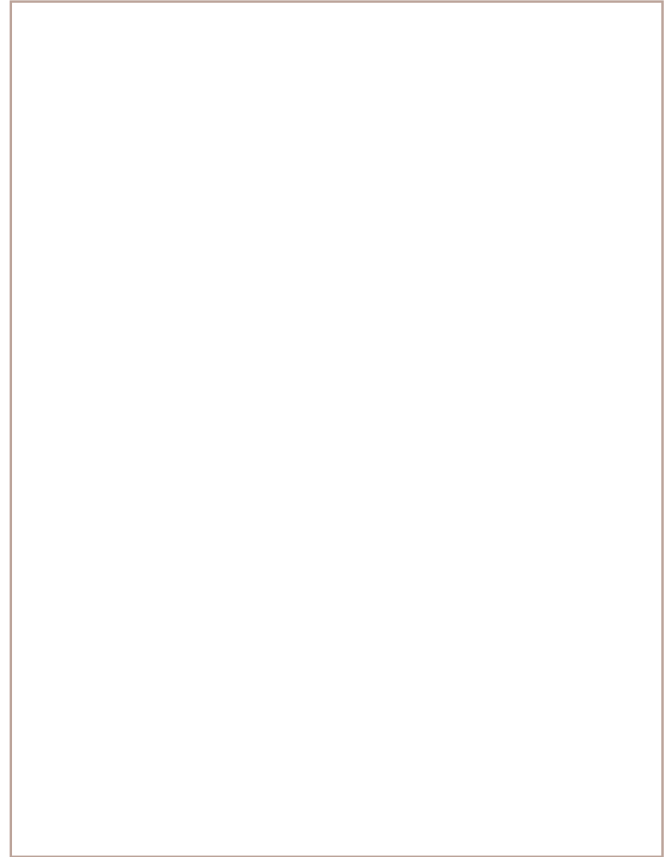


DAY THREE

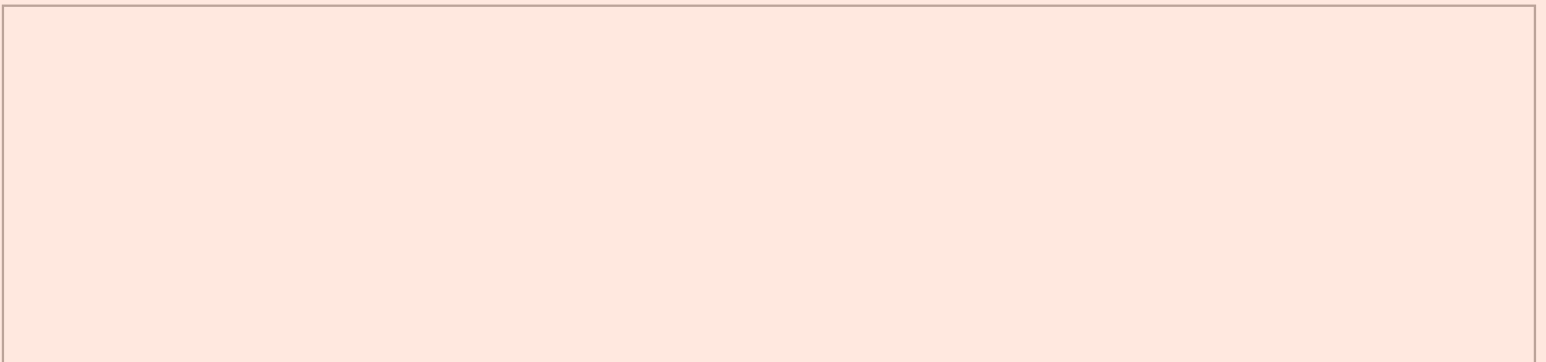
WRITE DOWN YOUR
LIMITING BELIEFS



FLIP THE SWITCH

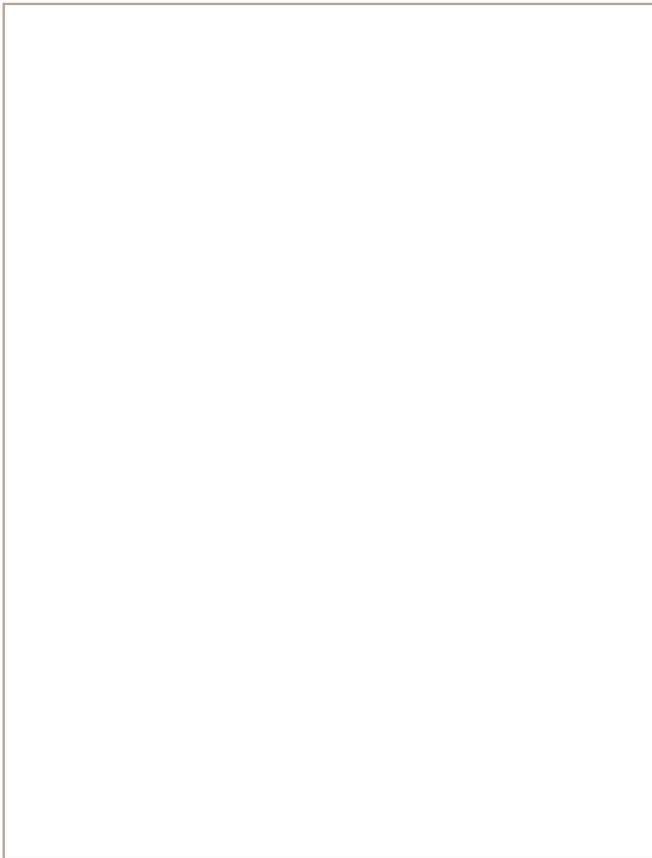


WRITE DOWN THREE AFFIRMATIONS THAT MAKE YOU
FEEL EMPOWERED TO MOVE FORWARD.

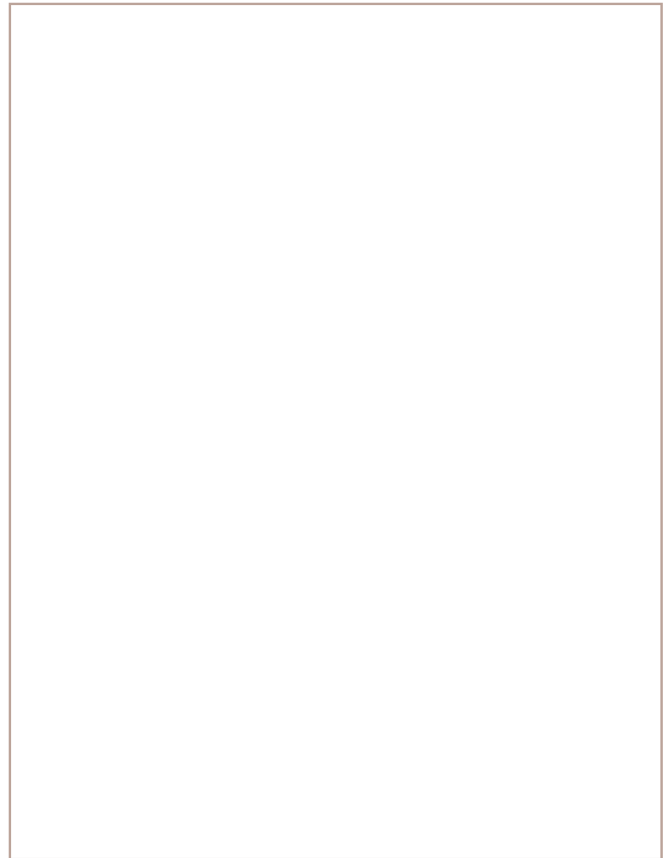


DAY THREE

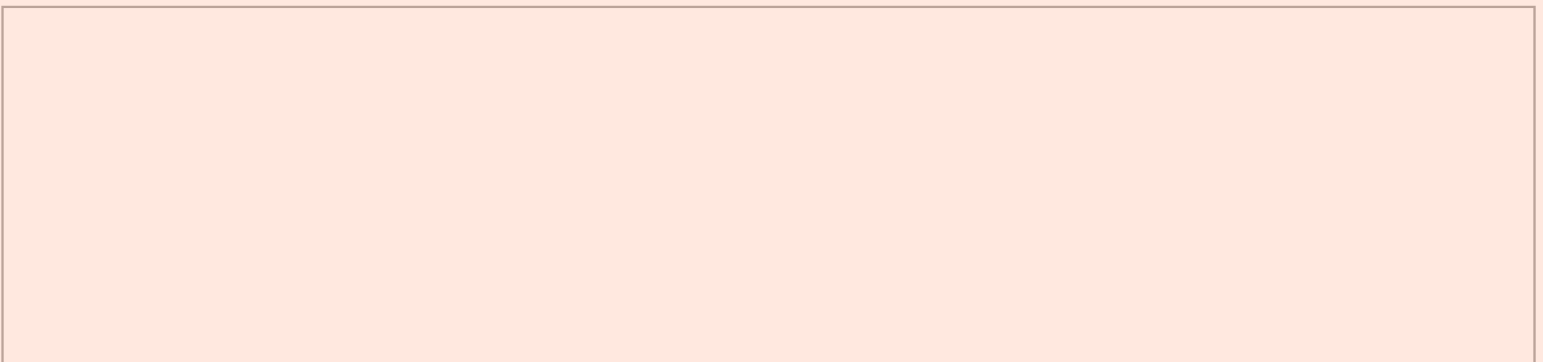
RISKS

A large, empty rectangular box with a thin black border, intended for writing down risks.

REWARDS

A large, empty rectangular box with a thin black border, intended for writing down rewards.

HOW COMMITTED TO YOUR DREAMS ARE YOU?

A large, empty rectangular box with a thin black border, intended for writing down the level of commitment to dreams.